

CELEBRATE RECOVERY®

It may be your secret, but it's no secret that even God-loving and active church members struggle with addiction and dysfunctional behaviors. **Celebrate Recovery** has helped hundreds of thousands of people find hope and healing.

Celebrate Recovery provides a safe place to use the principles in the Bible and the accountability of Christian fellowship to experience the healing that God offers through the power of the Holy Spirit.

Trapped in the grasp of addiction persons risk losing family, friends, and jobs. They may even have to endure the shame of arrest before receiving the help and hope God wants to give.

Take advantage of this opportunity to grow in faith and hope as you break free from the bonds of addictive, compulsive and dysfunctional behaviors. In Christ, we pray that you will grow **deeper** in your faith and **discipleship!**

This Christ-centered program uses the traditional **12 Steps** along with **8 Recovery Principles** based on the Beatitudes. These teachings of Jesus help persons grow spiritually and put the power of God's Spirit to work to deepen faith and restore mental, emotional and spiritual health.

12-Step groups will begin at First Plano on April 21, 2010 . To join a group, please email

Micke Smith at
safepeople7@yahoo.com

or contact

Rev. Alice Coder

972-423-4506

acoder@firstmethodistplano.org

You also may call **214-675-2519** to speak confidentially with Darrell Bye, a knowledgeable and caring person who will answer your questions and help you get started in **Celebrate Recovery**. More information is also available at celebraterecovery.com.

Celebrate Recovery

Please return this form to FUMC Plano or email the information to

wellspring@firstmethodistplano.org.

Name _____

Address _____

Phone: Home _____

Work _____

Cell _____

Email _____

Child Care

Names and age(s) of child(ren)

Any special needs? _____

WELLSPRING SUPPORT MINISTRY



For All the Seasons of Life

Caring about you ...

Caring about others ... In Christ

First United Methodist Church Plano's *Wellspring Support Ministry* provides emotional support and spiritual encouragement during life transitions through Christian fellowship and guidance.

- Bariatric Support Group
(2nd Tuesdays)
- *Boundaries, Saying Yes...Saying No*
(8-week seminar)
- Building Healthy Relationships
(6-week seminar)
- Career Transition Support
(Tuesdays)
- Celebrate Recovery® addiction recovery connection
- Co-Parenting with a Difficult Ex
(4-part seminar)
- Divorce Recovery
(6-week seminar)
- Grief Recovery
(8-week seminar)
- *Life's Healing Choices*
(8-week seminar)

CELEBRATE RECOVERY

The traditional
12 Steps
are combined with
8 Recovery Principles
based on the Beatitudes.

In confidential, Christ-centered groups, you can experience freedom from addictive, compulsive and dysfunctional behaviors.

To register:

wellspring@firstmethodistplano.org

or

safepeople7@yahoo.com

For more information:

Rev. Alice Coder

972-423-4506

acoder@firstmethodistplano.org

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PLANO

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Plano TX 75074

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CELEBRATE RECOVERY



**Groups Meet
beginning**

WEDNESDAY APRIL 21

6:30-8:30 pm

Rooms 208 and 210

**WELLSPRING
SUPPORT MINISTRY**



**For All the Seasons of Life
first united methodist church plano**